

# Basic Needs

## FINANCIAL ASSISTANCE

Alberta Support Centre <i>(info line)</i>	<b>1.877.644.9922</b> <i>(toll-free)</i>
	<b>780.644.9992</b>

## HOUSING (Support and Registry) – LOW INCOME

Capital Region Housing	<b>780.420.6161</b>
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Boyle Street Community Services <i>(Housing Support)</i>	<b>780.424.4106</b>
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E4C	<b>780.424.7543</b>
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SAGE – Housing for Seniors Resource Information <i>(55+ yrs)</i>	<b>780.701.9018</b>
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Edmonton Inner City Housing Society	<b>780.423.1339</b>
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homeED <i>(City of Edmonton Non-Profit Housing Corporation)</i>	<b>780.474.5706</b>
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Inner City Youth Housing Project <i>(14-17 yrs)</i>	<b>780.479.7075</b>
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Native Counselling Services of Alberta	<b>780.990.1120</b>
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## FOOD HAMPERS

Edmonton Food Bank	<b>780.425.4190</b>
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The Mustard Seed <i>(after working hours only)</i>	<b>780.426.5600</b>
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Salvation Army	<b>780.424.9222</b>
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We can Food Basket <i>(reduced cost food)</i>	<b>780.413.4525</b>
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## CLOTHING/HOUSEHOLD GOODS

Bissell Centre – Family Support Services	<b>780.423-2285</b> <b>ext. 111</b>
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Edmonton Emergency Relief Services	<b>780.428.4422</b>
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Marian Centre	<b>780.424.3544</b>
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Society of St. Vincent de Paul <i>(24/7)</i>	<b>780.471.5577</b>
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For more information and resources in Edmonton, please call

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