

COVID-19 Buying Groceries in a Safe and Healthy Way in Northeast Edmonton

Grocery shopping is looking very different these days. Here are some resources in our community to make grocery shopping a little easier.

Shopping hours reserved for seniors, individuals who are immune compromised, or who have disabilities



Grocery Store	Hours	Days of the Week
Walmart, Safeway, Sobeys, Save-on-Foods, Superstore	7:00 a.m. – 8:00 a.m.	Daily
Beverly No Frills	First opening hour	Tuesday's and Thursday's
Italian Centre	9:00 a.m. – 10:00 a.m.	Monday – Thursday
Shoppers Drug Mart	8:00 a.m. – 9:00 a.m.	Daily
T&T	9:00 a.m. – 10:00 a.m.	Daily

Grocery pick-up (all free unless otherwise noted)



- Superstore, No Frills
- Save-on-Foods
- Italian Centre
- Walmart
- T & T (free over \$99)

Grocery Delivery



- Walmart (\$9.97 fee)
- Italian Centre (free if you spend over \$75)
- Save-on-Foods (\$5-10 depending on time of day, first order free)
- Costco (free if you spend over \$75)

Third Party Grocery Delivery



- Inabuggy (\$19.98 fee)
 - Delivers from Costco, M&M Food Market, Rexall, Safeway, Sobey's, IGA
- Men in Kilts (free)
- Spud (free with minimum order of \$30.00 on weekdays)
- Organic Box (subscription service)
- Instacart (delivery fee varies depending on order size)
 - Delivers from T&T, Superstore, Walmart, Shoppers Drug Mart, Staples, M&M Food Market, Bulk Barn
- Bag Half Full Edmonton (free)
- Sharethegoods.ca (free for those who demonstrate a need for help)
- Meals on Wheels Grocery Bag and Store to Door (\$5-7 fee for those who are eligible)